

# Junior / Senior High School Social Education Skills Recommended Sequencing

## Social Education Skill Blitz

1. Respectful Listening
2. Asking for help
3. Saying Thank You
4. Following Instructions
5. Problem Solving
6. Introducing Yourself And Others
7. Beginning And Ending Conversations
8. Asking Questions
9. How To Give And Receive An Apology
10. Asking Permission
11. Being Ready For School Or Class
12. Completing Assignments
13. Accepting "No"
14. Responding To Teasing



Skill	Number	Teaching date
How To Treat A Guest Teacher	Skill #15	
Joining And Contributing To Discussions	Skill #16	
Setting A Goal	Skill #17	
Exploring Your Feelings	Skill #18	
Sharing Your Feelings	Skill #19	
Staying Out Of Trouble	Skill #20	
Making A Complaint / Raising A Concern	Skill #21	
Answering A Complaint	Skill #22	
Dealing With An Accusation	Skill #23	

<b>Skill</b>	<b>Number</b>	<b>Teaching Date</b>
Friendship	Skill #24	
Making A Good Decision	Skill #25	
Offering Your Help	Skill #26	
Identifying What Caused A Problem	Skill #27	
Accepting Consequences	Skill #28	
Dealing With Being Left Out	Skill #29	
Honouring Yourself	Skill #30	
Using Self Control	Skill #31	
Recognizing Another's Feelings	Skill #32	
Showing Understanding For Other People's Feelings	Skill #33	
Showing Affection	Skill #34	
Saying "No"	Skill #35	
Reacting To Failure	Skill #36	
Negotiating	Skill #37	
Being Honest With One's Self, Friends And Family	Skill #38	
Dealing With Wanting Something That Isn't Mine	Skill #39	
Expressing Concern For Another	Skill #40	
Dealing With Group Pressure	Skill #41	

Skill	Number	Teaching Date
Dealing With Your Anger	Skill #42	
Dealing With Embarrassing Situations	Skill #43	
Dealing With Other People's Anger	Skill #44	
Staying Out Of Fights	Skill #45	
Relaxing	Skill #46	
Dealing With Losing	Skill #47	
Showing Sportsmanship	Skill #48	
Offering Your Expertise To Others	Skill # 49	

