BECOMING AN IMPECCABLE MAN

THIS PROGRAM IS SPECIFICALLY DESIGNED BY MEN FOR MEN. ARE YOU WANTING TO MOVE FORWARD IN THESE KEY AREAS OF YOUR LIFE:

- Appearance
- Relationships
- Work

- Community involvement
- Learning
- Self esteem
- Communication
- Future
- Self-satisfaction and happiness??

THEN THIS WORKSHOP IS FOR YOU!

THE FOLLOWING TOPICS WILL BE COVERED:

- Dress for success presenting the very best you
- 2. Developing a personal mission statement
- 3. Understanding healthy boundaries and relationships
- 4. Learning about your personality type
- 5. Effective listening and communication

- 6. How to speak to women
- 7. What makes you happy
- 8. The 5 agreements
- 9. Creating your own future
- 10. Problem solving techniques
- 11. Goal setting techniques
- 12. Personal Finances

Following this training you will have access to a men's help and communication blog to assist you in staying on your new and exciting path.



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Created for First Nations by First Nations

