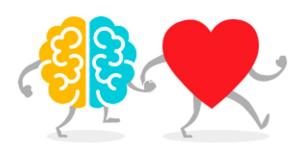
## My SOCIAL EMOTIONAL Life YOUTH CAMP



## **5 Interactive Days for Ages 12+**





## Learn about:

Teenage Brain
Motivation
Self-Regulation
Communication
Emotions
Anxiety
Boundaries

PROUDLY CREATED BY FIRST NATIONS
FOR FIRST NATIONS