



# PARENTING DURING THE SCHOOL YEARS



This is a particularly difficult time to be parenting; our children need our guidance and support in many different areas of their lives than just during the toddler years.

In this workshop participants will walk away with a "parenting plan" covering such areas as social skills, rules, chores, homework, school and much more. Each family will receive resources that will support their parenting plan.

## TOPICS COVERED IN THIS SAFE **INTERACTIVE 5 DAY SESSION** ARE:

- Our Job As Parents
- The 7 Teachings
- The 5 Agreements
- Effective Communication Skills
- Raising A Bully Free Family
- Bullying
- Problem Solving
- Goal Setting
- Creating A Family Code of Values
- Decisions & Choices
- Chores & Responsibilities
- Setting Rules
- Friends
- School & Homework
- Parent Teacher Interviews
- Children's Wellness
- Sleep - The Importance of Healthy Brain Development
- Wish List
- Create You Own Parenting Plan
- Things I Like About You



This very interactive and positive workshop encourages plenty of discussions, sharing and question asking time.

Gifts for each participating family included in this workshop.

